

NATIONAL MENTAL HEALTH MONTH 2021 CALENDAR



Mental Health: Post-Pandemic Recovery Challenges and Resilience

1 OCTOBER - NATIONAL LAUNCH OF MENTAL HEALTH MONTH

VICTORIA 6:30pm - 8:30pm The Edge, Fed Square, Melbourne	NEW SOUTH WALES 6:30pm - 8:30pm Parliament House, Sydney	QUEENSLAND 6:30pm - 8:30pm Queensland Parliament, Brisbane	WESTERN AUSTRALIA 6:30pm - 8:30pm Perth Convention Centre, Perth	NORTHERN TERRITORY 6:30pm - 8:30pm Legislative Assembly of the Northern Territory, Darwin	SOUTH AUSTRALIA 6:30pm - 8:30pm Parliament House, Adelaide	TASMANIA 6:30pm - 8:30pm Hobart Function and Conference Centre, Hobart	AUSTRALIAN CAPITAL TERRITORY 6:30pm - 8:30pm ACT Legislative Assembly, Canberra
---	---	---	---	--	---	---	--

2 OCTOBER Spirit of Dance - Multicultural Gala Dinner and Dance 6:30pm - 8:30pm Kingston City Hall	3 OCTOBER Longest Breakfast Table for Mental Health 8:00am - 10:00am VU Whitten Oval	4 OCTOBER Multicultural and Refugees' Mental Health Symposium 10:00am - 12:00pm Darwin Convention Centre	5 OCTOBER Childcare and Mental Health Symposium 10:00am - 12:00pm Brisbane City Hall	6 OCTOBER Legal Professionals Mental Health Symposium 5:30pm - 7:30pm	7 OCTOBER VIRTUAL Youth Mental Health Forum 1:00 pm - 3:00 pm	8 OCTOBER Medical Professionals' Mental Health Symposium 10:00am - 12:00pm	9 OCTOBER VIRTUAL Mental Health Wellness Workshop 4:00pm - 6:00pm	10 OCTOBER International World Mental Health Day Summit 9:00am - 5:00pm Park Hyatt Melbourne
		11 OCTOBER Construction and Mental Health Symposium 6:00 pm - 7:30 pm Monash Conference Centre	12 OCTOBER VIRTUAL Mental Health Expo 1:00 pm - 3:00 pm	13 OCTOBER Miners' Mental Health Symposium 10:00 am - 12:00 pm Perth Convention Centre	14 OCTOBER Crime and Mental Health Symposium 10:00am - 12:00pm Hobart Function & Conference Centre	15 OCTOBER VIRTUAL Carers' Mental Health Forum 1:00 pm - 3:00 pm	16 OCTOBER Truck Drivers' Mental Health Forum 10:00am - 12:00pm	

17 OCTOBER - NATIONAL WALK FOR MENTAL HEALTH

VICTORIA 10:30am - 12:30pm Albert Park Lake	NEW SOUTH WALES 10:30am - 12:30pm The Royal Botanic Garden	QUEENSLAND 10:30am - 12:30pm City Botanic Gardens	WESTERN AUSTRALIA 10:30am - 12:30pm Perry Lakes Reserve	NORTHERN TERRITORY 10:30am - 12:30pm George Brown Darwin Botanic Gardens	SOUTH AUSTRALIA 10:30am - 12:30pm Red Gum (Karrawirra) Park	TASMANIA 10:30am - 12:30pm Max's Infinity Loop	AUSTRALIAN CAPITAL TERRITORY 10:30am - 12:30pm Yerrabi Ponds		
18 OCTOBER VIRTUAL Youth Suicide Prevention Forum 1:00 pm - 3:00 pm	19 OCTOBER VIRTUAL Universities and Mental Health Forum 1:00 pm - 3:00 pm	20 OCTOBER National Launch at the Federal Parliament House 9:00am - 10:30am Parliament House, Canberra Police Personnels' Mental Health Symposium 10:00am - 12:00pm Infosys Australia	21 OCTOBER Sports and Mental Health Forum 10:00am - 12:00pm Brisbane City Hall	22 OCTOBER Symposium on the Mental Health of Mental Health Professionals' 10:00 am - 12:00 pm Perth Convention Centre	23 OCTOBER Paramedics' Mental Health Symposium 10:00am - 12:00pm	24 OCTOBER VIRTUAL Parenting and Mental Health Forum 1:00 pm - 3:00 pm	25 OCTOBER Pharmacists' Mental Health Symposium 10:00am - 12:00pm	26 OCTOBER Indigenous Mental Health Symposium 10:00 am - 12:00 pm UNSW, CBD Campus Future Leaders' Forum 1:00 pm - 3:00 pm Food and Mood Forum 10:00am - 12:00pm Infosys Australia	27 OCTOBER LGBTIQA+ Mental Health Symposium 10:00am - 12:00pm Hobart Function & Conference Centre Finance Professionals' Mental Health Symposium 10:00 am - 12:00 pm UNSW, CBD Campus
				28 OCTOBER Religion and Mental Health Symposium 10:00am - 12:00pm Adelaide Town Hall	29 OCTOBER Defence and Mental Health Symposium 10:00am - 12:00pm Brisbane Town Hall	30 OCTOBER VIRTUAL Seniors' Mental Health Forum 1:00 pm - 3:00 pm	31 OCTOBER National Mental Health 2021 Closing Ceremony 2:30pm - 4:00pm		