PRESS RELEASE

10th June 2020

ONE POINT – Australia’s First Digital Mental Health Daily

The Mental Health Foundation Australia (MHFA) is proud to launch ‘One Point,’ Australia’s First Digital Mental Health Daily.

After talking to many sources during National Mental Health Awareness campaigns during 2018 and 2019, including Federal and State government parliamentarians, consumers of mental health services, mental health professionals and the general public, the MHFA came to understand that Australia does not have a single platform for mental health related news.

Our aim behind this daily digital is to reach as many Australians as we can, spreading mental health news, increasing mental health knowledge, reducing mental health stigma, and hence working towards our motto of ‘better mental health for all.’

This daily digital newspaper will provide the opportunity for all mental health news, including events held across Australia to be advertised to our readership. It also provides the opportunity for state and federal governments to shed light about actions they have taken in the mental health sector, allowing the Australian public to be fully informed of mental health related news, through one platform.

I request you all to subscribe to this daily digital newspaper and be well informed. We believe our digital newspaper has the potential to get Australians talking about mental health in a positive way, free of stigma and judgement.

You can access our digital newspaper at: One Point - Australia’s First Digital Mental Health Daily
http://onepoint.mhfa.org.au/#/

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Better Mental Health For All